

Our Experts Recommend...

Frustrated? Lost? Confused? Looking for answers, or at least some helpful information? The materials listed here are a good starting point. They are designed to help parents, caregivers, and families trying to cope with FASD. [Let us know what you think](#) about our selections.

1. Baldwin, S. 2003. *Fetal Alcohol Syndrome and Other Effects of Prenatal Alcohol Exposure: Florida Resource Guide*. Tallahassee: The Florida State University Center for Prevention and Early Intervention Policy.
2. Badry, D.E., and Lawryk, L. (eds.). 2000. *Letters to Our Children, Letters From Our Children: Living With Fetal Alcohol Syndrome and Alcohol Related Effects*. Edmonton, Alberta: [Alberta Association for Community Living](#).
3. Davis, D. 1994. *Reaching Out to Children With FAS/FAE*. West Nyack NY: The Center for Applied Research in Education.
4. Dorris, M. 1989. *The Broken Cord*. New York: HarperCollins.
5. Graefe, S. (ed.). 1999. *Parenting Children Affected by Fetal Alcohol Syndrome: A Guide for Daily Living*. Document No. MCF089. Vancouver, British Columbia: Ministry for Children and Families, 250-952-4563.
6. Kleinfeld, J., and Wescott, S. (eds.). 1993. *Fantastic Antone Succeeds!* Fairbanks, AK: University of Alaska Press.
7. Kleinfeld, J.; Morse, B.; Wescott, S. (eds.). 2000. *Fantastic Antone Grows Up*. Fairbanks AK: University of Alaska Press.
8. LaDue, R. No date. *A Practical Native American Guide for Caregivers of Children, Adolescents and Adults With Fetal Alcohol Syndrome and Alcohol Related Conditions*. Washington DC: Indian Health Service. Order from [BC Aboriginal Network on Disability Society](#).
9. McMillan, J. *Fetal Alcohol Syndrome: What You Should Know About Alcohol and Pregnancy*. No date. (Brief guide for teens). [Vancouver Aboriginal Friendship Centre Society](#).
10. Messelt, S. 2002. *Parent Advocacy Workbook*. Minneapolis: [Minnesota Organization on Fetal Alcohol Syndrome \(MOFAS\)](#).
11. Streissguth, A., and Kanter, J. (eds.). 1997. *The Challenge of Fetal Alcohol Syndrome: Overcoming Secondary Disabilities*. Seattle: University of Washington Press.
12. Trudeau, D. (ed.). 2002. *Trying Differently: A Guide for Daily Living and Working With FAS and Other Brain Differences*. Whitehorse: Fetal Alcohol Syndrome Society Yukon (FASSY), fascap@yknet.ca.